

PROVINCIAL TEAMS TRAINING PROGRAM

The Provincial Teams Training Program is an elite program offered by the NLSA and it is second only in importance to the National Training Center Program.

The purpose of this Program is to identify potentially talented young players and provide them an opportunity to train with the best NLSA coaches and the best age group players in the Province.

The benefits of being a Provincial Team Player, not only provides you the opportunity to train with the Province's best, it allows you the opportunity to attend Atlantic and National Championships. The opportunity to work with and be scouted by National Team Coaches also becomes a reality. If you make the grade, you can be a player in the National Teams Training Program which opens doors to National Teams, Professional Contracts and University Scholarships.

To be on a Provincial Team is an earned privilege. It is a privilege that is earned on the basis of performance and is retained through commitment and a continued desire to perform at a standard that seeks excellence.

Being a Provincial Team Player is like being a winner. It is not a sometimes thing, it is an all the time thing, you don't train or play once in a while, you don't do things right once in a while, you do things right all the time. Therefore, to be part of a Provincial Soccer Team you must be committed to the sport.

What does commit to the sport mean? It means being committed to train and play, to meeting and surpassing established standards, it means working as a team player and being the best player that you can possibly be.

Are we saying you can't do or be other things? The answer is no. What we are however saying, that if you want to be a Provincial Team Soccer Player, soccer has to be the number one priority and that all other activities (except academic studies) has to be fitted in around your soccer commitments.

If you are prepared to make the above commitment, we will be delighted to have you as a Provincial Team Soccer Player. If you are unable to live up to the expected standards and expectations, you may find yourself being released from the program.

Standards and Expectations

1. Players will be expected to attend **all** training sessions, games and camps. Players who are injured or sick will be expected to attend unless they are physically unable to attend or the coach has given specific permission to be excused. Therefore, players must contact coaches if they have a problem with attending training or games.

2. Players will be expected to train hard and challenge themselves at all times.
3. Players will be expected to maintain or surpass all technical and fitness standards. This may mean working on your own.
4. Players will be expected to be at the designated training site 10-15 minutes prior to the start of training unless the coach has given other instructions.
5. All players will be given a training uniform. Players will be expected to wear the program training strip at all times when they train as a Provincial Team.
6. Players will be expected to follow all rules, expectations and standards set down by the team, NLSA or the CSA.
7. Players will be expected to be ambassadors of the NLSA, CSA and the sport of soccer. Therefore, good behavior and respect should be present at all times.
8. The cost of participating in the Provincial Teams Program will incur a cost of approximately \$1500 - \$3000.
 - a. Teams going to Atlantics and Nationals - \$3000
 - b. Teams going to Atlantics only - \$1500
9. These cost are non-refundable, Refunds will only be given with special authorization from the NLSA Executive.
10. Players, who withdraw once being named to a Provincial Team Pool, must have verification of just cause for withdrawal. i.e. injury with doctors note. Players who withdraw without acceptable reason will receive a one year ban (the following year) from participating or trying out with a Provincial Team.
11. Players who wish to withdraw from the Provincial Teams Program must do so in writing. The withdrawal request must be made to the NLSA Technical Committee.

Players who are unable to meet or comply with the above standards or expectations may find themselves being released from the team and program.

I hereby agree to the above standards and expectations and fully understand that if I fail to comply with any of the above, I may be released from the team and the program.

Player signature _____

Parent(s)/guardian(s) _____
